THE PULSE

of The New York Hospital Employees 68th to 71st Streets, York Ave. to East River.

VOLUME 2

APRIL 15TH, 1940

NUMBER 4

GROUP INSURANCE

Next to vacuum cleaners, no other commodity sells under such high pressure as does insurance. We don't know about you, but we can definitely state that insurance agents "get in our hair."

This is a fine introduction for a word or two we wish to pass on to you about group insurance at the New York Hospital. This form of insurance is the least expensive life insurance that we know of and to make the cost to you even less, the Hospital pays part of the premium. Your part is practically painless as it is paid out of payroll, small amounts at a time (another advantage over other types of insurance).

Since the start of group insurance here, seven death claims totalling seven thousand dollars have been paid. The families of those who passed away greatly benefitted from the insurance money received immediately. So there is another reason for supporting it—it helps the other fellow, perhaps more than you think, it would benefit you.

We are informed that unless 75% of our total employees subscribe to this plan, it becomes too expensive both for the insurance company and for the hospital. The number subscribing to group insurance has not reached this percentage of the whole. Unless a larger number take advantage of this insurance, it will not be continued. The Hospital receives no direct benefit from this insurance,—the advantage is all yours. Are you one who has taken it? If not, do you fully realize the opportunity you are missing?

A FISHING OUTING

The New York Hespital Fishing Club will hold its second annual outing Sunday, May 26th, 1940.

All employees who claim to be ardent anglers are invited to attend. Tickets must be paid for no later than May 5th, as arrangements must be completed by that date.

Tickets can be obtained from James Kane or Louis Kanya at the General Stores, PH-0013.

Beer and refreshments will be served and any equipment needed will be supplied. The price \$3.00 per person.

Let's make this Fishing Party a success

MAY WE PRESENT



MISS S. MARGARET GILLAM

Institution Food! Nothing used to look or taste more unpalatable than food cooked in large quantities, cold when it should be hot and warm when it should be cold. It was often poorly cooked and poorly served with no attempt at variety or attractiveness even though the food when bought was the best quality.

Here was a challenge and the gauntlet was picked up by Miss S. Margaret Gillam. Since finishing school, her main idea has been to change the public's conception of large quantity cookery. She felt that recipes could and should be worked out for large quantity, nutrition departments should be organized to eliminate all waste so the saving could be put back again into the food and service, and a food accounting system set up so that it would be possible to know how, why and for what the hospital's money was being spent.

How well she has succeeded is obvious in the well organized, well trained department she has set up at the New York Hospital and other institutions. Almost every day there are compliments from patients and guests about the appetizing, tasty, attractive and well served food that has become a by-word of the New York Hospital both inside and outside the institution.

Miss Gillam is a native New Yorker from Byron, N. Y. a small town near Rochester. She attended the Rochester Mechanics Institute where she majored in home economics and graduated in 1916 with a Teacher's Diploma. She was dietitian at the Rochester General Hospital until 1919. At that time she accepted the position of Superintendent at the Woman's Industrial Home, Medical Lake, Washington. In 1921 she decided to obtain further training and resigned her position to enroll at Teachers College, Columbia University. She obtained her B.S. degree in 1922 and stayed on for another year for post-graduate work, being awarded her M.A. degree in 1923.

In 1923 Dr. Christopher Parnall, Medical Director of the University of Michigan Hospital, Ann Arbor, offered her the position of Director of the Department of Dietetics and Housekeeping at that institution. While there, she completely re-organized the department and instituted one of the first approved and most successful student dietitian training courses in the country.

During this time she was also very active in other organizations. She held various offices in several dietetic associations culminating in the presidency of the American Dietetic Association for 1930-1931. Becoming known as an excellent administrator she was appointed instructor in Institution Management for the summer sessions at Teachers College from 1924-1930, and was also instructor in Nutrition for the Department of Public Health and Hygiene at the University of Michigan.

In the summer of 1931 Mr. John R. Howard, Superintendent of the New York Hospital went to Ann Arbor to see Miss Gillam and to offer her the opportunity to plan and organize the Nutrition Department for the magnificent new building of the New York Hospital. Miss Gillam accepted the position on September 1st, 1931 and acted as consultant on the plans for the

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THE GREATER NEW YORK FUND

Have you ever paused to realize that New York City with all its wonders and up-to-dateness, with all its wealth and conveniences, with all its poverty and sickness, belongs irrevocably to you and to me? If you and I, from the very corners of this earth, were not here, there would be no New York City.

It must follow that as you live and work by its potentialities, you must endure and strive to strengthen its weaknesses. To "look after" your own is an old American custom. That healthy employed New Yorkers lend a helping hand to their less fortunate brothers is a matter of "noblesse oblige."

The 1940 campaign of the Greater New York Fund opened on April 1. This Fund is a "drive to end drives" in that it distributes its monies among three hundred and ninety-three health and welfare organizations serving two out of every seven New Yorkers. The outstanding feature of a contribution to this Fund is the fact that it concentrates your "giving" and eliminates your exposure to other drives. Outside of this drive, only the American Red Cross is permitted to accept donations at the New York Hospital.

Along with all the other hospitals, the New York Hospital is a beneficiary of the Fund. To help ourselves is one thing, to contribute in the help of many others is another. No pressure will be brought to bear on you for a donation. We wish only that you cogitate upon the possibilities of several million dollars well collected and wisely spent. Can this fail to be a worthy cause?



Says" HELLO FOLKS, Some hospital you have there, hope you are true to its trust"

ENGINEERING FEAST CON-SIDERED HUGE SUCCESS

The Engineering Department headed by Mr. Downey, and his assistant Mr. Vail, held its Fourth Annual Dinner at Sokol Hall on March 5, 1940.

We were pleased no end to find so many departments represented at the festive board. Among the notables were: Mr. Mac-Donald and members of his force, members of the Surgical Staff among whom were F. Worthing Farrell, M.D. and Napier Shelly, M.D. who cut a few capers but did not come acropper, or did they? Drs. Mitten, Tucker, and Craddle took care of the X-ray and provided the proper density for any plates they might have cared to take of each other, Dr. Kilgore of the Brady Foundation put in a prolonged appearance, Mr. Casey and some members of his Protection Department, although not in their professional capacity were also present. Some members of the Housekeeping Department and Laundry were also very much in evidence. It mattered not from what department they came for all were out for a good time.

Harry Kelly, master of ceremonies, presented Mr. Lee Mains, a professional raconteur, who was distinctly mirth provoking. It is understood that his best story came from Dr. Fishbein, President of the A. M. A., and pertained to a few late comers.

Carl Von Wendell the Swiss alpine yodeler etc. contributed more than his share to the gaiety. We are still looking for a small boy who lost a pair of knee breeches. Johnny Burke's rendition would have topped any performance of Julian Eltinge in his wildest moments. Jimmy Brown, bass profundo of the laundry, sang Paul Robeson's specialty "Old Man River." Another representative of the laundry, Mr. Crist, sang "South of the Border." When last seen by this reporter, A. Hermandez was still south of the border and doing a rhumba by himself. There were more songs by J. Moravac and J. Dovanan and dance numbers by E. Crofton and R. Okeefe, the music by F. Comos

Reviewing this gathering we are impressed by the fact that the men were able to relax completely, in the jovial camaraderie and fraternal bond of fellow employees. The fine espirit de corps cannot help but promote goodwill between individuals of all the departments and bring about sympathetic understanding of one anothers problems in this institution. Therefore, let us have a larger and if possible, a more representative turnout at the next dinner, to be held on June 5, 1940, when we will make new friendships and cement the old.

The committee in charge will be: F. Koster, J. J. Kelly, F. Winkler, F. Healy, J. Regan.

TWENTIETH CENTURY PHILANTHROPY

On Tuesday evening, March 12th, Mr. Barclay Acheson gave a most interesting address at the Nurses Residence. Mr. Acheson is one of the Associate Editors of "The Reader's Digest." For many years he worked with the Near East Foundation and has spent considerable time in most of the European countries. This interesting and unusual background qualifies him for the excellent speaker he proved to be.

His topic, "20th Century Philanthropy" dealt with the advantages of Democracy. "Our problems are those of success rather than of failure," he said. "In a country such as ours everyone has a chance to express himself. It is small groups which can, and do formulate ideas which often turn out to be the nucleus of movements of international importance." By interesting and unique illustrations from his experiences Mr. Acheson proved his points.

Miss Florence Orlopp, chairman of the Church Committee, was in charge of the program. Her committee made up of members of the various denominations were hostesses to a number of representatives from their Young People's Group. An enjoyable social hour followed.

Once, while campaigning in the home state of his opponent, William Howard Taft found his speech constantly interrupted by heckling from the gallery. Finally a cabbage landed on the stage and came to rest near his feet.

Pausing in his address, Mr. Taft peered at the vegetable intently and then remarked, "Ladies and gentlemen, I see that one of my adversaries has lost his head,"



JUDITH HANNING (Personnel)



MICHAEL FLANIGAN



BARBARA WEBER (Nutrition)



TOMMY GOODMAN (HKG.)



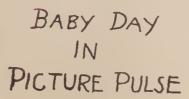
BARBARA JEAN GHILDS (Purchasing)



LOUIS RICHARD KANYA (Storeroom) KANYA



ROBERT RHEINHEIMER (PSYChiatry)





JOHN MILANO (Nutrition)

A LETTER FROM FINLAND

The following are excerpts from a letter written last December by a former Post Graduate student nurse, Miss Lempki Hirstio to one of our staff nurses Miss Hilma Pullkenen who received it in February.

Finland December 10, 1939

Dear Hilma,

I hope you will get this greeting in time for Christmas. What sort of a Christmas we Finns will have is hidden in uncertainty. As you of course know, Russia has mercilessly attacked us so that against our wishes we have been thrown into a state of war.

When I had been home about a month the reserves began to drill, and so we nurses were mobilized too; for seven weeks I have been attached to an ambulance unit of which I am directress. Up to the present time we have had no wounded although a week has passed since Russia declared war and we are not far from the border.

Finns are only trying to protect our country and our freedom. We will not give it up for nothing as did the Estonians, Latvians and Lithuanians. Perhaps our fate will be the same as Poland's, but, just the same, we want to show the world and the coming generations that we aren't cowards. Russia may tear away our country and our freedom from us, but it can never kill the cause of the Finnish people or the national spirit of Finland. They shall remain a legacy from us to those who will be left behind us. We stand as one man and one woman—the protecting wall of the civilisation and religion of the western countries against the immorality and communism of the east. In Finland there is now only one encampment. The nation isn't divided in two as it was during the war for independence. Everyone, even the prisoners in the jails, feel the same way. The spirit of sacrifice is here. Money flows to the government and even prisoners take up collections of their savings among themselves and give their gifts for the needs of war. It must be impossible that a nation like this could be totally destroyed.

The suffering is terrible, particularly among those who live near the border who have to leave their burning homes for the interior. But do you think that anyone complains? No, not a soul! Each one gives everything he has if only he can help save the Fatherland.

I have thought of you often. My thoughts fly to you out there far away.

How lucky you, who can enjoy peace, are! War is ruthless, and the sufferings of the people immeasurable.

The Russian legions are extremely poorly clothed, and they have no desire to fight. They are driven forward with bayonets and horsewhips. The prisoners we have taken are in a wretched state. They have no underwear or footwear, and they are so full of vermin that even the top of their clothing swarms with them. This is no war-joke, but the truth.

If at some time you can, I wish you would translate parts of this letter to some of the nurses at the hospital. Perhaps everyone doesn't know the true situation. We Finns haven't done anything to start a war. It would be laughable to think of us—a nation of scarcely four million people—attacking a nation of 150 million. That's what happened with the gas. Now they are using it themselves.

Perhaps you understand that my heart is so full of our country's plight that I can't even write about anything else. This is scarcely a Christmas letter, but even with the best of intentions, I can't create anything different. I wish you a peaceful Christmas festival. Remember me and all of us unfortunate Finns in your prayers. We firmly believe that right will eventually emerge victorious.

Love to you, my dear friend, Yours, Lempki Hirstio."

BOWLING ALONG

On March 4th the Main Kitchen defeated the Nurses Residence by 68 pins. High honors for this game went to Captain Milano who showed a 208 and 194. Bob Ritz, who substituted for one of the M.K. boys was second, and rolled a 187 followed by 172.

On March 11, the M.K. continued the winning streak by defeating the 14th floor on a close margin of 15 pins. High score for this game went to Bob Ritz of 14th floor who rolled 201, and who was close pushed by Joe Crutch with his 199 and 191, while Milano followed with a 199 and 193.

On March 21, one of the biggest upsets of the season was made. The 14th floor, which up to this time had not won a game, came to life and defeated the Main Kitchen by a wide margin of 229 pins. High score for this game went to Howard Evans of the 14th floor who, as a novice, rolled 221 the second highest score of the season with Milano still tops by virtue of his 236 score. Bob Ritz rolled 204 and Milano 194 and 193.

SCORE		
	Won	Lost
Nurses Residence	. 21	14
Main Kitchen	. 26	19
14th Floor	. 7	17
Elevator Operators.	. 0	3

NURSING STAFF MEETING

At the regular monthly meeting of the Nursing Staff on March 18 Dr. A. E. Best, Professor of Medicine at The West China Union University, Chengtu, Szechuan Province, China gave a very graphic and interesting picture of the new probler arising out of mass migration in China especially as related to medical education.

The nation's unanimous will to survive has forced millions from "Japanese China" West to "Free China" where unbelievable achievements are conspicuous in every phase of human activity.

In Dr. Best's opinion the leadership of Generalissimo Chiang Kai Shek and Madame Chiang has not been excelled by any leader in any country. One of the most hopeful signs for the future is the accomplishments of the New Life Movement which was organized by Madame Chiang and is sweeping the country.

With the mass of the people following such inspired leadership and fired by determination for national preservation, in spite of great odds against them, most everyone anticipates triumphant outcome to the present conflict.

Some of you may have seen a giant panda riding down Fifth Avenue last Spring in the rear of a station wagon. If so, it will be of interest to you to know that Dr. Best brought this particular one from Chengtu to deliver to the Bronx Zoo. Can you imagine flying across the continent from California to Newark with a panda loose in the forward luggage compartment of the plane? The story of that trip is as good as Gulliver's Travels. The pilot for one would not care to repeat it.

THREE LITTLE WORDS

These were voted tops as the three sweetest words in the English language: "I love you" — "Dinner is served" — "Keep the change" — "All is forgiven" — "Sleep until noon" — "Here's that five."

And the saddest were: "External use only" — "Buy me one" — "Out of gas" — "Dues not paid" — "Funds not sufficient" — "Rest in peace."

There is only one way to be happy and that is to make someone else so.

ASSOCIATED HOSPITAL SERVICE NOTICE

Arrangements have been made for receiving new applications to the Associated Hospital Service Plan. These applications will be made effective as of June 3, 1940, provided a sufficient number are received to meet the enrollment requirements. Please note:

Payments may be made on a payroll deduction basis.

Present employees will not have another opportunity to enroll in the Plan until June 3, 1941.

Married women may now enroll as individuals. (No maternity benefits)

Application blanks, together with a description of the benefits of the Plan and its cost will be distributed to each employee in the hospital shortly. For those who wish to join, the filled in application will be required to be returned to Mr. Keig's office, Room H-108, before May 9, 1940.

TICKETS - WORLD'S FAIR OF 1940

Ticket books for the World's Fair of 1940 may be obtained at the Hospital Gift Shop. From now until May 1st, these books will be available at \$2.00 each. In view of the fact that the administration of the hospital is releasing these books at \$2.00 each, this sale must be restricted to the employees of the hospital.



SALVAGE

With an eye toward economy and as a matter of general information, we should like to advise you that the following items may be returned to the General Storeroom for credit:

- (1) Bags-all kinds
- (2) Barrels
- (3) Bottles
- (4) Brass scrap
- (5) Drums
- (6) Iron scrap
- (7) Lead scrap
- (8) Paper and cardboard
- (9) Rags—dry
- (10) Rubber gloves

We grant you that the credit may not be large, but a few pennies saved here and a few there in an institution the size of ours can not fail to attain a real figure.

SWIMMING MEET

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Another activity that is important in the Physical Education program at the Nurses Residence is swimming. Classes are conducted by Miss Glidden every week at the Lenox Hill Neighborhood House pool and in the fall and spring at the pool at the Presbyterian church on Madison Avenue.

We were fortunate this year in making arrangements through the school to have, for the first time, a swimming meet at a larger pool, the Spence Natatorial Institute. The meet was held on March 15 between the first and second divisions of the first year student class.

There were nine events, with some for each type of swimmer, beginner, intermediate, and advanced. There were relays, form swimming, diving and races.

Eva Wallen of Team II was high individual scorer with ten points; three girls tied for second, Margery Patrick and Betty Romberger of Team II and Marie Cole of Team I all with six points each. Betty Howe of Team I placed third with five points.

The final team scores were

Team I 41 points Team II 29 points

The officials at the Meet were

Judge—Miss McDermott

Referce—Jean Britt

Messenger—Annabelle Gottesman

Scorers—Jane Scofield

Modeling Victor

Madeline Kieffer

The water in the attractive seventy-five foot pool was blue and inviting. After the last event a short period of general swimming was enjoyed before the total scores were announced.

OUR HOCKEY PLAYER

Our Laundry Division points with pride to a recent accomplishment on the part of one of their washmen, Larry Charest. This young man started skating with organized hockey ten years ago. He was an active and valued participant on the Verdun Hockey Team and Kirkland League in Kirkland, Canada, for four years.

Enrolled with the U. S. Representative Hockey Team in Europe for one year, he netted the greatest number of points.

Since last fall he has skated with the New York Rovers (Cub team to the Rangers) and the New York Stock Exchange Hockey Teams. Lately this latter organization awarded Larry the Potter Plaque which is indicative of the honor he now holds—"the highest scorer in that league."

PRINT IT PLEASE

They once invited Joaquin Miller, the poet, to speak at a banquet. When his reply came in they were stumped—had he accepted?—had he refused?—the writing was so wretched they couldn't tell.

Of course they hated to offend the old boy but they must know, so they wrote him again—oh, most apologetic—if he accepted, would he please make a cross; if not, a circle? When the answer came, they couldn't tell whether it was a cross or a circle!

We have some Joaquin Millers around the Hospital. They make out charge tickets. Then the accounting department tries to guess the patient's name.

When you write, please remember that someone else has to read it—perhaps many people. An illegible name can cost an enormous amount of needless time and trouble. Print the patient's surname if necessary; print the first letter of it anyway. Thank you.

MISS S. MARGARET GILLAM

(Continued from Page 1)

new building. She arrived in New York in April 1932 to begin the tremendous task of organizing the Nutrition Department. Consultations with the architects and equipment concerns seemed endless. Types of equipment, quantities, patterns and a thousand other details had to be settled before it would be possible to even begin the actual organization of the department. Then personnel, both administrative and therapeutic, as well as employees for the kitchens, dining rooms and pantries had to be hired and trained. Finally in September 1932 the building was opened and everyone admired among other things the shining equipment in the kitchens and the lovely

china patterns for the dining rooms and services. And all this equipment has certainly been put to work in the years that have followed. After continual work and improvements, the rough edges have been smoothed down and the department now emerges as a smoothly running organization, preparing and serving an average of 7,000 meals a day including many special diets, private patient service, staff dining room, pavilion service, two nurses dining rooms, two commercial cafeterias, the O.P.D. Lunchroom, and the nutrition employees' dining room. The department also takes care of many special teas, luncheons and dinners for various activities in the hospital.

Miss Gillam and her staff have prepared a diet manual, originally in mimeographed form but printed this year as "The New York Hospital Handbook of Applied Nutrition." This is a detailed compilation of diets in which more than 70 general and specific dietary procedures are included, as well as routines, test procedures, and vitamin requirements.

In 1935 Miss Gillam was asked by Teachers College about the possibility of having a field practice course for graduate experienced dietitians who after being in that phase of the work for several years, were anxious to do such work in a large, well organized nutrition department where they could brush up on their administration and therapeutic practice. This plan was submitted to the Board of Governors and met with their approval. Accordingly in the summer of 1935 the first group of students arrived to begin this six weeks summer course. The course is now definitely established and has attracted students from all over the world. We have had students from Canada, England, Australia, China, India and Hawaii. Miss Gillam is now planning to initiate an internship in dietetics for college graduates who have majored in Foods and Nutrition. This will be a twelve months course and the first group will start July 1st.

Miss Gillam feels that any success her department has experienced is entirely due to the cooperation and efficiency of the dietary personnel and to the administrative officers of the hospital. We know that this is true in large part. But there are few of us who fail to recognize that without this modest, capable woman director, we should never have enjoyed the fine food we do, nor should we have gained an enviable reputation among the nation's hospital Nutrition Departments.

The greatest undeveloped territory may be just under your hat.

DEPT. OF ILLUSTRATION CORNELL UNIVERSITY MEDICAL COLLEGE

The readers of the *Pulse* are indebted to the Department of Illustration for the greater part of the pictorial work in the recent issues of this paper. In the persons of Mr. Alex Gravesen and his assistant Mr. Neil Barraga, this department has contributed voluntarily the photographs for the last three "Picture Pulses." May we voice our appreciation for this cooperation.

Embued with the undoubtedly correct belief that "the photograph is much more effective than the graph," these two men have done much good work in patient photographs, microphotography, lantern slides, photo offset and X-ray copies. Many of us, smitten with the amateur photography bug, will welcome the offer made by this department of gratis counsel on individual technical problems. Time and equipment will not permit them to develop personal films; discussion of all other phases, however, will fall upon responsive ears.

For the benefit of those who did not receive copies of the price list for the Department of Illustration effective April 1st, 1940; we submit it herewith for the use of those laboratories and other departments which have calls for this service:

hich have calls for this service:		
Micro Photos\$.90		
with slide 1.25		
Patients		
in Hospital room		
Specimens etc		
outside studio 1.50		
Copying		
Contact Prints 5x7 or smaller .10		
8x10		
mounted .10 additional		
Enlargements 5x7 unmounted .15		
8x10 unmounted .25		
11x14 unmounted .50		
Lantern Slides—from positives 1.00		
from negatives		
Print from same unmounted10		
mounted20		
Infra-Red—in studio only 1.00		
Identification pictures—2 prints .75		
two prints		
Photostatic Copies—to size 8½x11		
positive or negative		
Portraits—by special arrangements		
This department is located in room F 502		
nd the telephone extension is 446.		

THE CHANT OF H-2

Vita, will you put Mrs. C. on the pan?
Vita, will you come help me as soon as
you can?

Vita, there's a bed in there that must be changed.

The linen is here and should be arranged.

Vita, when you finish that will you fix these flowers?

Vita, will you show Miss R. the way to the showers?

Vita, Mrs. S. is due in X-ray
And B. can't stay in Physic all day.
Question, order, request, command
Vita hears them from every hand.
Hurry, scurry, bustle, run,
Vita rushes 'til work is done.
Though the day is hectic she's smiling
through it

Vita, how on earth do you do it?

HOSPITALES

It is rumored that Mary Koslosky and Gerald Cunningham, both of the Nutrition Department, have announced their engagement. The wedding date has not been set.

A shower was given at the home of Betty Haynes on April 12 for Miss Mary Ronan Head Nurse on K-3. Miss Ronan leaves soon to be married and will devote most of her time to keeping house in Lyndonville, Vermont.

We are glad to report that Mrs. Edith Stephenson has returned to her accustomed tasks after a prolonged leave of absence.

Miss Theodate Soule has returned from two delightful weeks in Bermuda. She reports things very quiet there because of curtailment of tourist trade due to the war. But the bicycling is still good and the island is now enjoying good weather which has avoided it most of the Winter.

Miss Jane Boyle of the Nursing Class of 1938 was married on Saturday, March 30, to Dr. Carmen Razzano. Dr. Razzano is an intern at the Knickerbocker Hospital.

The Misses Dorothy Glidden and Agnes Reiman contributed to the art exhibition of the work by the pupils of Mrs. Ogden Campbell held recently at the Barbizon Hotel. Mrs. Campbell conducted a six weeks' course in quick sketching at the Nurses Residence last fall.

A CREED

"I believe in America because in it we are free—free to choose our government, to speak our minds, to observe our different religions;

"Because we are generous with our freedom—we share our rights with those who disagree with us;

"Because we hate no people and covet no people's land;

"Because we are blessed with a natural and varied abundance;

"Because we set no limit to a man's achievement: in mine, factory, field or ser-

vice, in business or the arts, an able man, regardless of class or creed, can realize his ambition;

"Because we have great dreams—and because we have the opportunity to make those dreams come true."

–Wendell L. Willkie

DR. STEFFEN ADVANCES

Our hope for a full measure of success is extended to Dr. G. I. Steffen who left the New York Hospital on April 2nd to accept a position in the New York City Department of Health. In his new capacity Dr. Steffen will have supervision over the Diagnostic Laboratories under Dr. Muckenfuss.

Dr. Steffen came to the Department of Bacteriology, Cornell University Medical College in 1929. In 1932 he became Assistant Clinical Bacteriologist in Central Laboratories of New York Hospital since which time he has aided in the operation of the Laboratories. In addition he has had supervision over the clinical clerks in the hospital and assisted in teaching the medical students in Clinical Pathology. For the past two years he taught Bacteriology in the School of Nursing.

Such time as he could spare from his routine duties, Dr. Steffen devoted to research in Bacteriology. His hobby is sailing. His genial disposition and even temperament made him a great favorite with his associates.

SENSE AND NONSENSE

Under the heading "Betcha Don't Know" we find: "that housewives on Third Avenue time their breakfast eggs by the red and green traffic lights." At home we got a sand glass which gets stuck once in a while. Then we save the eggs and dye them for Easter.

We wonder how long it would take to make a spiked stick and clean up that heterogenous mess of papers and other springtime omens blowing about the tennis courts.

After the successful appearance of Adler's "How to Read a Book," we shrink from the thought that some one might come along with "How to Get Out a Worthwhile Monthly News Organ."

It just doesn't seem necessary for folks to tramp on the beds which Henry has made ready for portulacae out front along the sidewalks when one takes a good look at the width of said sidewalks.

A bachelor is a fellow who gets only half as much mileage out of a pair of socks as a married man.